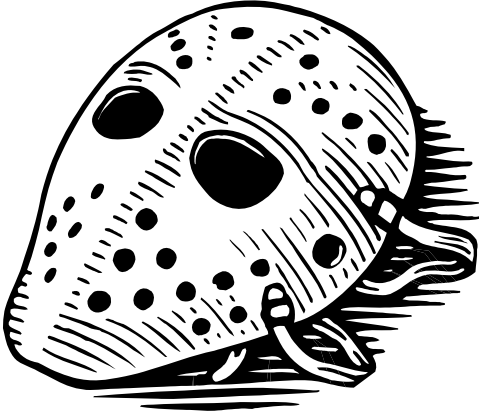


# Jamestown Savings Bank Ice Arena

## Conditioning Clinic

*June 7<sup>th</sup> through August 9<sup>th</sup>*



Will start Monday, June 7<sup>th</sup> and run for 10 weeks. Clinic is intended to keep players in shape during the offseason, with a combination of skill building drills and games. Clinic will be on Monday nights for 1 hour. Cost for the clinic is **\$90 for the entire 10 weeks, or pay \$10 per session.** Ideally there will be 2 divisions: Squirt/Pee Wee and Bantam/Midget, there is a possibility of only having 1 group, but the clinic will take place regardless of total number of participants. Each player will receive 10% discount card for the Arena's Pro Shop valid for the duration of the clinic.

### *For More Information*

Call (716) 484-2624 ext 218 or email [craig.hinderleider@jsbia.com](mailto:craig.hinderleider@jsbia.com)

## Jamestown Savings Bank Ice Arena – Conditioning

Cost: \$90 per person, or pay per session for \$10

Player's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date \_\_\_\_\_ Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Email: \_\_\_\_\_

Division:    Squirt/Pee Wee            Bantam/Midget

THE UNDERSIGNED ACKNOWLEDGES AND FULLY UNDERSTANDS THAT THE PARTICIPANT WILL BE ENGAGING IN ACTIVITIES THAT INVOLVE RISK OF SERIOUS INJURY, INCLUDING PERMANENT DISABILITY AND/OR DEATH, AND SEVERE SOCIAL AND ECONOMIC LOSSES THAT MIGHT RESULT NOT ONLY FROM THEIR OWN ACTIONS, INACTIONS OR NEGLIGENCE, BUT THE ACTIONS, INACTIONS OR NEGLIGENCE OF OTHERS, THE RULES OF PLAY, OR THE CONDITIONS OF THE PREMISES OR OF ANY EQUIPMENT USED. FURTHER, THAT THERE MAY BE OTHER RISKS NOT KNOWN TO US OR NOT REASONABLY FORESEEABLE AT THIS TIME.

THE UNDERSIGNED AGREES TO RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE THE JAMESTOWN ICE ARENA, JAMESTOWN CENTER CITY DEVELOPMENT CORP., THE CITY OF JAMESTOWN, ITS AFFILIATED CLUBS, THEIR RESPECTIVE ADMINISTRATORS, DIRECTORS, AGENTS, COACHES, AND OTHER EMPLOYEES OF THE ORGANIZATION, OTHER PARTICIPANTS, SPONSORING AGENCIES, SPONSORS, AND ADVERTISERS.

**Registration and payment (cash, check or charge) should be made out to: Jamestown Savings Bank Ice Arena.**  
**Payment can be delivered to: Jamestown Savings Bank Ice Arena, 319 West 3<sup>rd</sup> St. Jamestown, NY 14701**  
**(716) 484-2624**